

Only harvest wild plants where you have explicit permission to do so. The Kenai Peninsula has many private tribal lands, as well as city, borough, state, and federal lands that have different regulations for harvesting plants. Harvesting small quantities of wild plants, mushrooms, fruit, or berries for personal, non-commercial use is generally allowed on state and federal lands, including the Kenai National Wildlife Refuge and Chugach National Forest.

Harvesting Etiquette

- · Harvest with good intentions only.
- Ask permission to harvest and know the rules.
- Always take someone with you who knows the plants.
- · All plants are not good for everybody
- Know the appropriate time of year to harvest.
- When foraging on public lands, pick sparingly and leave easy foraging close to the road for elders and those with mobility challenges.

Adapted from Tribal Doctor Rita Blumenstein's "Thoughts on Traditional Plant Healing" in the Medicinal Flora of the Alaska Natives by Ann Garibaldi

Essential reference books used by our most experienced local foragers: Discovering Wild Plants: Alaska, Western Canada by Janice Schofield and Mushrooms Demystified by David Arora



Know the rules where you fish. Regulations for sport, commercial, and personal use fishing can be found online at www.adfg.alaska.gov and wherever licenses are sold.

Dozens of Kenai Peninsula fishermen have Catcher-Seller permits from ADF&G to sell fresh, whole fish ("in the round") directly to the public. Relationships are key. If you want to buy local fish to stock your freezer, ask your friends and neighbors about their sources.

You'll find family-owned businesses that sell whole salmon to individual buyers under "Fish" on the reverse side of this directory.



- The Kenai Peninsula is the fastest-growing farm area in the state.
- Most Kenai Peninsula farms are under 10 acres.
- The value of food grown by Kenai Peninsula farms and sold direct to consumers tripled from 2012 to 2017.
- \$5.4 million: the total value of the Kenai Peninsula's agricultural crops in 2017.



Buying Alaska Grown is more important than ever. The freshest, most

nutritious food for Alaskans is Alaska Grown. When you **buy direct from Alaska farmers**, you help build

a stronger, more productive food system. This year, Alaska farms and farmers markets are taking extra steps to protect you and your health.

For current info, visit Kenai Local Food & farmers markets on Facebook.

FARMERS MARKETS

Farmers Fresh Market

Tuesday 3-6pm, June 16-September K-Beach Road at Community College Drive Soldotna | 907-262-3111

Homer Farmers Market (7)



Wed. 2-5pm, Sat. 10-3pm, May 30-September 26 Ocean Drive, across from The Washboard 907-299-7540 | homerfarmersmarket.org

Old Town Marketplace 💮



Friday & Saturday 11am-6pm, June-August 517 Main Street, Kenai | 907-252-7264 kenaioldtownmarketplace.com

Soldotna Saturday Farmers Market 📢



Saturday 10am-2pm, June 6-September 26 corner of Kenai Spur Hwy. & E. Corral Avenue soldotnasaturdayfarmersmarket.com

Soldotna Wednesday Market



Wednesday 11am-9pm, June 3-August 26 Soldotna Creek Park | 907-252-7264 soldotnawednesdaymarket.com

Community-SupportedAgriculture

In the traditional CSA model, customers share the risks and benefits of farming by committing to support a local farm or farms throughout the growing season.

Customers get a weekly share of farm produce in return for a fee, which is paid in advance or periodically during the growing season. The term "CSA" is sometimes used to describe a weekly produce delivery service that may or may not support local farms.

See the reverse side of this directory for CSA options that directly support local farmers.



Thanks to these generous sponsors, who make this directory possible!























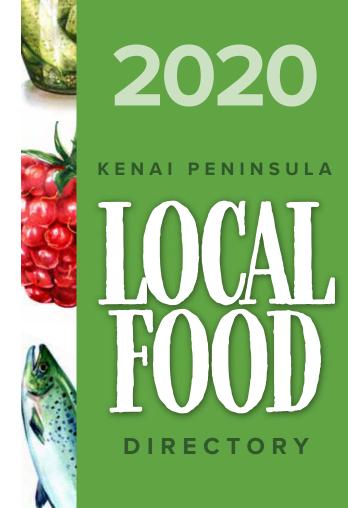




kenailocalfood.org | kenailocalfood@gmail.com

#loyaltolocal #knowyourfarmerknowyourfood **#keepfarmersfarming #farmersmarketsmatter** #kenailocalfoodconnection #alaskastrong

To list your business in the 2021 directory, send us an email!



presented by





farms

Alaska Berries KS SS ST SW 907-252-8511 (148660 W. Poppy Lane, Soldotna Sun–Wed 12–6p, May 1–Labor Day
alaskaberries.com
Alaska Farm Fresh FH. 907-631-1254 or 631-2158 Kasilof alaskafarmfresh@gmail.com
Alaska Socksation Farm SW
Arnold Family Farm FH SS ST
Blood, Sweat & Food Farms FH
Dandelion Acres KS SW
Eagle Glade Farm LLC FH 907-227-1813 or 301-3977 Nikiski Iheite@gci.net
Fanciful Fungi SS
Fireweed Bake Shop SW
fresh365 SS
Grace Acres Farm SS ST SW 907-727-4839 or 748-7410 (1) Kasilof Visit our farmstand at Mile 110.3 Sterling Hwy.
Henning's Hen House 907-252-6130 Soldotna nancyakhenning@gmail.com

Jackson Gardens Nursery 907-252-9459 or 394-2774 Fun U-pick outings. Healthy non-certified organic. 48195 Johns Road, Soldotna Mon-Sat 9a-6p, May 21-Oct 1 jacksongardensak.com

Karluk Acres	907-252-3980 📢
We raise herita	age breeds, healthy and humanely. Kenai
	karlukacres@yahoo.com by appointment
	karlukacres.com

Krafted on the	e Kenai FH SS	907-394-3025 🚯
3	Pickled onions, hot pickled gar	lic, and hot sauces
1905	kraftedonthe	ekenai@gmail.com

Lancashire Farms FH SS	907-252-5064 or 229-7920
	Soldotna
	lancashirefarms@gmail.com

Northcrest Farm	907-953-2211
	"the carrot people" Funny River
	cliffdejax@gci.net

Northern Blo	oom Peonies SS SW	907-399-7441 👣
	Nikiski northernbloomped northern	onies@outlook.com bloompeonies.com

O'Brien Garden & Trees	KS SW 907-776-8726
	49240 Freda Drive, Nikiski
	Mon–Sat, 10a–2p (seasonal)
	also by appointment

Oceanside Farms	FH 907-299-7873
	farmstand, Alaska certified seed potatoes
	58508 East End Road, Home
	oceansidefarms.weebly.com

Ridgeway Farms SS	
CSA vegetable subscriptions 5	5225 Strawberry Road, Soldotna
	Pick-up Wed 2–6p (seasonal)

Synergy Gardens/Alaska Garlic P	roject HS HW 706-273-0077 👣
54329 Wilderness Lane, Homer	Thur/Fri 1–6p, May & Oct only
∅ (\$) (∰ (\$) (\$)	synergygardens@gmail.com
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Inclusion in this directory does not constitute endorsement of the producers or their methods by Kenai Local Food Connection or its partners. Talk with producers directly to learn more about their growing, harvesting and food-safety practices.

Wilderness Earth Farm | SS SW wildernessearthfarm.com 36995 Ansel Street N., Soldotna on farm Tues 4–7p (seasonal)

Wilderness	View Farms 907-953-0399 or 907-260-6616
2	Rhubarb, honey. Wholesale, delivery available.
16-	Sterling wildernessviewfarms@gmail.com

Will Grow Farm	FH HS HW	907-299-4158 🞧
Ø/S ♠	Anchor Point pj	willgrow@gmail.com
		willgrowfarm.com

stores

Alaskan Boreal Herbs Shop
Bear Creek Winery & Lodging
Cad-Re Feeds 907-262-4698 1 281 Aspen Drive, Soldotna Mon–Sat 9a–6p cadrefeeds.com
Kenai Feed & Supply
Lucy's Market

Sackett Family Farms...... 907-987-4099 🚯

Three Peaks Mercantile | SW..... threepeaksmercantile.com 👣

We host local-food-focused pop-up shops & bakeries.

44720 Sterling Hwy, Soldotna | Wed–Sat 11a–8p

At retailers statewide. We take special orders.

online

(3)

mobile

fish

Alaska Food Hub	alaskafoodhub.org {	
online marketplace for farmers,	fishers, and makers	
Participating farms are designated by "FH" in this directory.		
Pick up in Soldotna, Ninilch	ik, Homer, Seldovia	

Alaska Blue Harvest Seafoods 907-252-9524

Rollman Family Salmon 907-632-8664 **(?)**

The Reindeer Hut, LLC | SW reindeerhut@gmail.com

thereindeerhut.com | See Facebook for daily location

Tiny House Bread & Brew 907-394-7567 🚯 Slow fermented sourdough & small batch kombucha | Nikiski

Where It's At! | ST SW 907-394-7413 Mindful food & drink; local, organic veggie boxes | Soldotna

"themarketwhereitsat" on Facebook for locations & hours

locally-caught sustainable salmon | Kenai

Harvested with care — from our family to yours! Nikiski/Palmer | rollmanfamilysalmon@gmail.com

Fun, fresh, different, and delicious. | Kenai 🧧

kenaisourdough@yahoo.com

chilledpadthai@aol.com

alaskablueharvestseafoods.com

fresh and frozen salmon and shrimp Funny River | cliffdejax@gci.net

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Catch 49	907-277-5357 👣
~	Local, wild seafood from small boat fishermen.

catch49@akmarine.org | catch49.org

Kenai River Coffee Company | FH..... 907-395-4080 Small batch roasted, ensuring freshness. (5)

akcoffeelady@gmail.com | by appointment kenairivercoffee.com

kenailocalfood.org















KS . . . Kenai Saturday FH Food Hub























rosiespasta.com

Mile 80.5 Sterling Hwy, Sterling

See Facebook for store hours.

see Facebook for updates



